



Scott Firefighter Stairclimb Volunteer Training

40th Floor



Thank you for volunteering to assist on the 40th Floor at the 2017 Scott Firefighter Stairclimb!

The 40th Floor is one of the most critical areas of the Stairclimb and it is very important that everyone working in this area have a strong understanding of their role.

Please review the information here carefully as it will be important for you to know on event day. This training is required for all new as well as veteran 40th Floor volunteers.

After reviewing, you will be asked to complete a knowledge test. This must be done and submitted by **5:00pm PST Wednesday, March 8th**. We will confirm once it has been received and review any incorrect answers with you to ensure that you are fully prepared to perform your volunteer duties at the event. If we have not received your completed form by the due date you will not be allowed to volunteer on the 40th Floor this year.

Please contact Charmaine Dipola (charmaine.dipola@lls.org, 206-957-4580) with any questions or concerns.

Thank you again and we look forward to working with you!



General Notes

- Please dress appropriately and sensibly. Jeans or athletic pants with tennis shoes are best. You will be provided a white volunteer t-shirt at check in that you will be required to wear during your shift.
- When you arrive on the 40th Floor, please check in with our volunteer lead Greg (who can be easily identified by a red shirt). He will be in charge of all aspects of the 40th Floor so please follow his instructions closely. Should you have any questions or concerns during your shift, Greg can assist you.
- In this position you will be required to remain standing for long periods of time and may also be required to lift and move equipment. It is loud and sees consistent participant traffic.
- Please treat one another with respect and be courteous to your fellow volunteers. The stress of a fast-paced environment can at times be challenging, but remember we're all doing this for the same reason – to support the event and participants – and working together will ensure the most enjoyable experience for everyone!

Bottle Changer Basics

What is a bottle change?

Firefighters making the climb typically don't have enough oxygen to reach the top, so the 40th floor is designated as our official "Bottle Change" area where they stop to switch out for fresh tanks.

Who are bottle changers?

Bottle changers are anyone (typically another firefighter or trained professional) that a team has designated to assist with their bottle changes. They will have been registered by the team beforehand and will have had prior training on how to perform their role.

Bottle changers must be wearing a bottle changer wristband and a bottle changer lanyard to gain access to the 40th Floor (these are provided to them when they check in at the loading dock).



Bottle Changer Basics

How many bottle changers can each team have?

- Teams of 1-9 climbers are allowed one bottle changer at a time.
- Teams of 10-30 are allowed two bottle changers at a time.
- Teams of 31+ are allowed three bottles changers at a time.

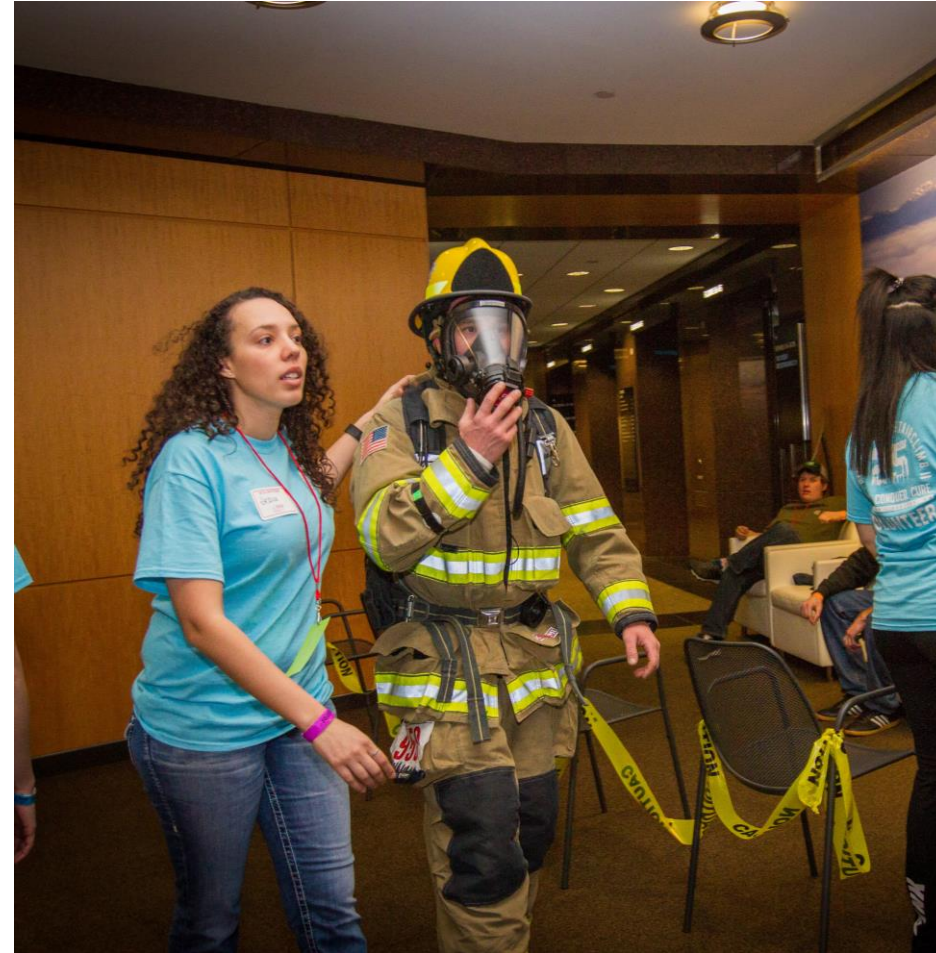
After the changes are complete, the bottle changers MUST leave the 40th floor (no loitering allowed).



Being A Bottle Change Assistant

Your role as a Bottle Change Assistant is to:

- Identify the participant's department as they reach the 40th floor by looking at their helmet shield and uniform markings.
- Yell the department name so that their bottle changer can assist them.
- Direct them as quickly as possible out of the stairwell and into the bottle change area.



Orphan Climbers

Sometimes a climber will tell you when they arrive that they do not have a designated bottle changer.

In these cases you should direct them to the staff lead in charge of orphan climbers (either Slim or Dinean) who will register them and get them assistance.

This should be done as quickly as possible to keep the flow of traffic moving and also impact their finish time as little as possible.



Where The Gear Goes

The bottle changer is always responsible for bringing the gear downstairs after it has been switched out.

If they have borrowed gear from Scott Safety, they will need to return it to the air trailers on 4th avenue by the Packet Pick-Up entrance.



Safety First

It is important to keep the flow of participant traffic moving at all times and to keep the pathway from the stairwell to the bottle change area clear.

There will be media and photographers on the 40th Floor throughout the day - anyone working in this area (including you as a volunteer) can ask them to move or leave the area at anytime if they are in the way. The safety of everyone involved depends on you!



This is a fast paced and physically exhausting job. But it will also be one of the most rewarding, gratifying and amazing volunteer opportunities that you will ever experience.

Thank you for being a part of the 2017 Scott Firefighter Stairclimb!

Climb. Conquer. Cure.





Training Completion & Knowledge Test

After thoroughly reviewing this training, please click this [link](#) to take a knowledge test and complete your 40th Floor volunteer training.

This must be done and submitted by **5:00pm PST**
Wednesday, March 8th.

We will confirm once it has been received and review any incorrect answers with you to ensure that you are fully prepared to perform your volunteer duties at the event. If we have not received your completed form by the due date you will not be able to volunteer on the 40th Floor.